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	On the Existence of the Predictability Barrier in the
	Wintertime Stratospheric Polar Vortex:
	Intercomparison of Two Stratospheric Sudden
	Warmings in 2009 and 2010 Winters
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Abstract

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To compare the predictability of two stratospheric sudden warming (SSW) events 30 occurring in 2009 and 2010, ensemble forecast experiments are conducted using an 31 Atmospheric General Circulation Model (AGCM). It is found that the predictable period of 32 the vortex splitting SSW in 2009 is about 7 days which is much shorter than that of the 33 vortex-displacement SSW in 2010. The latter event is predictable more than 13 days in 34 advance. The ensemble spread in the upper stratosphere for medium-range forecasts is 35 found to be enlarged just prior to the onset of the 2009 SSW event, while no such 36 enlargement is seen for the 2010 SSW event. 37 38 Stability analysis of the zonally asymmetric basic states specified by the ensemble mean forecast using a nondivergent barotropic vorticity equation reveals that the 39 extremely distorted polar vortex in the upper stratosphere just before the onset of the 40 2009 SSW event is highly unstable to infinitesimal perturbations, whereas there is no 41 such unstable mode with an extremely large growth rate during the 2010 SSW event. In 42 addition, the most unstable mode during the onset of the 2009 SSW event has a similar 43 horizontal structure to the 1st EOF of the ensemble spread. Thus, it is suggested that a

predictability barrier inherent in the upper stratospheric circulation, characterized by the 45

presence of dynamically unstable modes with large growth rates limits the predictable 46

period of the 2009 SSW event. 47

- **Keywords** stratospheric sudden warming; predictability; stability analysis; barotropic
- 49 vorticity equation

#### 51 **1. Introduction**

Stratospheric sudden warming (SSW) events are the most spectacular phenomena in 52the wintertime stratospheric circulation. Recent observational studies have elucidated that 53 they exert significant impacts on weather and climate in the troposphere through promoting 54 downward migration of the annular mode (Thompson and Wallace 2001; Baldwin and 55 Dunkerton 2001) or causing downward propagation of stratospheric planetary waves 56 (Kodera et al. 2008; Kodera et al. 2016; Mukougawa et al. 2017). Pioneering studies to 57 examine the predictability of SSW events (Mukougawa and Hirooka 2004; Mukougawa et 58 al. 2005) by using operational extended-range forecasts indicated that some SSWs have 59 prolonged predictable periods of more than two weeks. Hence, SSW events have been one 60 of the promising elements leading to higher prediction skills of extended-range forecasts 61 through their downward influence on the troposphere (Butler et al. 2019). 62 It has been documented that the predictable period of SSW events ranges from 6 to 30 63

days (Tripathi et al. 2015; Ichimaru et al. 2016; Karpechko 2018). Taguchi (2016) analyzed 1-month hindcast data from 1979 to 2012 provided by the Japan Meteorological Agency (JMA) and indicated a possible connection between the predictability of SSWs and the geometry of polar vortices: vortex splitting SSWs are less predictable than vortex displacement SSWs. Domeisen et al. (2020) also confirmed the dependence of predictability on SSW type based on six displacements and five split SSW events. However, the mechanism producing such dependence of predictability has not been elucidated yet.

71 Because the SSW is primarily caused by the upward propagation of amplifying planetary waves in the troposphere (Matsuno 1971), the predictability of anomalous tropospheric 72 73 circulations is an important agent to limit the predictable skill of the stratospheric circulation. Mukougawa et al. (2005) indicated the skillful forecast of tropospheric blocking is a key to 74reproducing a vortex displacement SSW occurring in 2001 with a prolonged predictable 75 period of at least 2 weeks. On the other hand, Noguchi et al. (2016) (hereafter N16) 76 conducted a series of ensemble hindcast experiments initialized at 1-day interval and 77indicated that forecasts of a vortex splitting SSW occurring in 2009 with a short predictable 78period of 6 days have high sensitivity to the initial upper stratospheric circulation. Thus, the 79 dynamics of stratospheric circulation would also play an important role in determining the 80 predictability of the SSW. 81

The dynamical instability of the upper stratospheric circulation with zonally asymmetric 82 components is likely to contribute to high sensitivity of the forecast to the initial stratospheric 83 state. Mukougawa et al. (2017) (hereafter M17) computed unstable modes using a vorticity 84 equation linearized about the basic state specified by the ensemble mean prediction of an 85 Atmospheric General Circulation Model (AGCM) and found that zonally asymmetric upper 86 stratospheric circulation in early March 2007 when downward propagating planetary waves 87 were observed in the stratosphere is highly unstable to infinitesimal perturbations. They 88 attributed a short predictable period of about 7 days for the downward propagating event to 89 the existence of a predictability barrier in the stratosphere associated with the dynamical 90

instability of large growth rates. Moreover, they hypothesized that the obtained unstable
 mode in the upper stratosphere acts as a precursor for the emergence of the downward
 propagating planetary waves in the stratosphere.

In this paper, we will pursue the role of dynamical instability of stratospheric circulation 94 in limiting the predictability of SSW events. If the stratospheric circulation during the onset 95 phase of an SSW event is highly unstable, we can argue for the existence of a predictability 96 barrier in the stratosphere which limits the predictable period of the SSW. For this purpose, 97 first, the same AGCM used in N16 will be utilized to conduct ensemble forecast experiments 98 for the winters of 2009 and 2010 to compare the predictability of the 2009 vortex splitting 99 100 SSW and the 2010 vortex displacement SSW. As shown by Ayarzagüena et al. (2011) and Figure 1 below, the two SSW events occur on approximately the same calendar day. Hence, 101 the potential influence of differences related to time in the seasonal cycle can be neglected 102 when comparing the predictability of the two SSWs. It is noted, however, that other external 103 factors affecting the wintertime polar stratosphere, such as the phase of the QBO and the 104 sunspot cycle, were dissimilar in both winters as pointed out by Ayarzagüena et al. (2011). 105106 Second, as in M17, an eigenvalue analysis will be conducted for both winters using a vorticity equation linearized about the ensemble mean forecast at each pressure level, and the 107stability property of the distorted polar vortex is compared for both winters. The role of the 108 obtained unstable modes in the time evolution of the SSW event will be also discussed. 109

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#### 111 2. Data and Model

#### 112 2.1 Reanalysis data

As in N16, the 6-hourly ERA-Interim reanalysis dataset (Dee et al. 2011) is used for both 113the analysis and in constructing initial conditions for the ensemble reforecast experiments. 114The ERA-Interim dataset has 37 vertical pressure levels extending up to 1 hPa at grid 115intervals of 1.25° longitude and 1.25° latitude. Daily means consisting of four values every 116 six hours from 00UTC to 18UTC are used for the analysis. 1172.2 Ensemble forecast data 118 As in N16, we conduct ensemble forecasts of 25 members starting at 12UTC every day 119 during January 2010 using the ensemble prediction system of the Meteorological Research 120 Institute (MRI-EPS) (Yabu et al. 2014) and MRI-AGCM (Mizuta et al. 2006, 2012) both 121having a horizontal resolution of TL159 and 60 vertical levels with the top boundary at 0.1 122hPa. Each ensemble forecast consisting of 24 perturbed initial conditions created by the 123 MRI-EPS and one unperturbed initial condition specified by the ERA-Interim is performed 124 using MRI-AGCM. There are 25 model levels at pressures less than 100 hPa while 14 levels 125at pressures less than 10 hPa for MRI-EPS, MRI-AGCM, and ERA-Interim (JMA 2014; 126Fujiwara et al. 2017). The model settings of MRI-AGCM are all the same as those in N16. 127We also reexamine ensemble forecasts starting every day during January 2009, which were 128 used in N16. Daily-mean prediction data on 2.5° by 2.5° horizontal grids with 38 vertical 129pressure levels with a top at 0.4 hPa computed from 6-hourly model outputs are analyzed. 130

#### 131 2.3 Non-divergent barotropic vorticity equation on a sphere

To examine the dynamical stability of stratospheric circulations, we utilize the following non-divergent barotropic vorticity equation on a sphere linearized about the specified basic flow denoted by the notation overbar (7) as in M17:

$$\frac{\partial \zeta'}{\partial t} + J(\bar{\psi}, \zeta') + J(\psi', \bar{\zeta}) + \frac{2\Omega}{a^2} \frac{\partial \psi'}{\partial \lambda} = \nu \left(\Delta + \frac{2}{a^2}\right)^3 \zeta'. \tag{1}$$

Here,  $\psi(\lambda, \mu, t)$  is the stream function,  $\lambda$  the longitude,  $\mu$  the sine of the latitude, t the time,  $\zeta \equiv \Delta \psi$  the relative vorticity,  $\Omega$  the angular velocity of the rotation of the earth with the radius a,  $\Delta$  the horizontal Laplacian, and  $J(\alpha, \beta)$  the horizontal Jacobian operator on a sphere. The infinitesimal perturbations are indicated by prime ('). A scale-selective hyperviscosity term with a coefficient  $\nu$  are introduced on the right-hand side of Eq. (1).

140 Then, normal mode solutions of the perturbation

$$\psi'(\lambda,\mu,t) = \operatorname{Re}\{\phi(\lambda,\mu)e^{\sigma t}\},\tag{2}$$

where  $\sigma = \sigma_r + i\sigma_i$ , are obtained by solving a matrix eigenvalue problem after expanding 141the basic flow and the perturbation  $\phi(\lambda,\mu)$  into spherical harmonics. The growth rate and 142the frequency of the perturbation are given by  $\sigma_r$  and  $\sigma_i$  in Eq. (2), respectively. The spatial 143144resolution of the model used in the computation is T63 (triangular truncation at the total wavenumber N = 63) while the basic flow is triangularly truncated at N = 21 to smooth out 145small scale structures. An efficient code of ISPACK (Ishioka 2018) for the associated 146Legendre functions is implemented in the model. The hyperviscosity coefficient  $\nu$  in Eq. (1) 147is specified by a small constant giving a dissipation time scale of 0.1 days at N = 85. These 148

149 model settings are all the same as those in M17.

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# 152 **3. Results**

# 153 3.1 Predictability of the 2009 and 2010 SSWs

Fig. 1

154	Figure 1a indicates the time evolution of 10-hPa zonal-mean zonal wind averaged
155	poleward of 60°N during the 2009 and 2010 winters for the analysis (ERA-Interim). In both
156	winters, westerlies prevailing in the first half of January decelerate after 15 January and are
157	replaced by easterlies on 24 January (hereafter referred to as day 0), coincidentally
158	(Ayarzagüena et al. 2011). On day 0 of the 2009 winter, the polar vortex for the analysis is
159	broken into two vortices, characterizing the vortex splitting SSW event (Fig. 1b). On the other
160	hand, the polar vortex for the analysis is displaced off the pole on day 0 of the 2010 winter,
161	corresponding to the vortex displacement SSW event (Fig. 1c).
162	The predictability of each SSW event was assessed by the spatial anomaly correlation $$_{ m Fig.~2}$$
163	coefficient (ACC) for 10-hPa geopotential height field poleward of 40°N using a box-and-
164	whisker diagram (Fig. 2) . For the 2009 SSW event (Fig. 2a), the ACC of the ensemble mean
165	forecast on day 0 (24 January) becomes larger than 0.6 for forecasts starting after day $-9$ .
166	However, the spread among ensemble members is considerably large, and ACCs of some
167	members are lower than 0.6 for those forecasts. Since the spread of forecasts starting after
168	day $-7$ (17 January) becomes small and ACCs of all forecasts are larger than 0.6 on day 0,

169	the predictable period of the 2009 SSW event can be evaluated to be about 7 days. On the
170	other hand, the ACC of the ensemble mean forecast for the 2010 SSW event on day 0 (Fig.
171	2b) is larger than 0.6 even for the forecast from day $-15$ (9 January), but the spread is still
172	large with a couple of members having ACCs less than 0.6. The day 0 spreads also become
173	much smaller in the forecasts after day $-13$ (11 January). Hence, the predictable period of
174	the 2010 SSW event can be evaluated to be about 13 days. Note that the day 0 spreads in
175	the forecasts from day $-7$ and $-5$ for the 2010 SSW event are smaller than those for the
176	2009 SSW event.
177	The enhanced spread for the 2009 SSW compared with the 2010 SSW can be $$_{ m Fig.~3}$$
178	recognized in Fig. 3, which shows contours at 5-hPa geopotential height of 34500 m on 21
179	January 2009 (day $-3$ ) and 33600 m on 20 January 2010 (day $-4$ ) for the analysis (red lines)
180	and the 4-day forecast (black lines). For the 2009 SSW (Fig. 3a), some members predict the
181	complete splitting of the polar vortex, whereas others predict the still connected state (which
182	recovers to the single vortex state immediately after that as shown in N16), corresponding
183	to a large spread. For the 2010 SSW, all ensemble members successfully predict the shape
184	of the polar vortex and its displacement from the North Pole. As a result, the spread is very
185	small as shown in Fig. 2.
186	An upsurge in the growth of the ensemble spread of the upper stratospheric geopotential $[_{ m Fig.~4}]$

height field just prior to the onset of the 2009 SSW (day 0) is also recognized in Fig. 4a.

188 This figure shows the time evolution of the rms ensemble spread during the 10-day forecast

based on the 5-hPa geopotential height field north of 30°N. The rms ensemble spread at a 189 lead time *i* was defined by  $\sqrt{\frac{1}{M}\sum_{j=1}^{M} \langle x_j^i - \overline{x^i} \rangle}$ , where  $x_i^j$  is the predicted 5-hPa geopotential 190 191 height at a lead time *i* for an ensemble member *j*, *M* is the total number of members in the ensemble forecast,  $\overline{x^i}$  is the ensemble mean forecast at a lead time *i* (the average of  $x_i^j$ 192 over M), and  $\langle \rangle$  means the area average north of 30°N. The upsurge is distinct for 193 forecasts with a forecast period of 4 days (red circles) or longer. In particular, the 7-day 194forecast spread (blue circles) just before day 0 becomes more than twice as large as in early 195 January. On the other hand, this increase in upper stratospheric forecast spread is not seen 196 during the onset of the 2010 SSW but rather becomes larger after day 0 (Fig. 4b). 197The enhanced amplification of the spread just prior to the onset of the 2009 SSW is  $\rm_{Fig.~5}$ 198limited to the upper stratosphere, as shown in Fig. 5a. This figure shows the amplification 199 rate of the rms spread of the geopotential height field north of 30°N at each pressure level 200 during the first 4-day forecast. The amplification rate at each pressure level was evaluated 201 using the ratio of the 4-day forecast spread to the spread at the initial time for each ensemble 202 forecast. Note that the 4-day spread alone cannot accurately determine the amplification 203 rate because the spread at the initial time is a finite value and fluctuates daily as shown in 204Fig. 4. It can be recognized from Fig. 5a that the 5-hPa amplification rate reaches a 205maximum of about 15 on days -3 and -2. In the middle and lower stratosphere, such an 206 increase in spread amplification rate is rarely seen. Hence, it is suggested that there is a 207predictability barrier in the upper stratosphere just prior to the onset of the 2009 SSW, limiting 208

the predictable period of the upper stratospheric circulation. On the other hand, such an increase in the spread amplification rate is not present just prior to the onset of the 2010 SSW throughout the stratosphere (Fig. 5b). Rather, the amplification rate tends to decrease just before day 0. Thus, the upper-stratospheric predictability barrier did not exist for the 2010 SSW, and the forecast skill of the occurrence of the 2010 SSW was much higher than that of the 2009 SSW.

Fig. 6

The horizontal pattern with the greatest spread among ensemble members can be 215 inferred by EOF analysis of the difference field of each ensemble member from the 216ensemble mean forecast (Fig. 6). The EOF for each verification day was determined based 217on the 5-hPa geopotential height north of 30°N using the 4-day ensemble forecast. 218Magnitudes of the anomalies in Fig. 6 are those attained when the corresponding principal 219components (PCs) are equal to one standard deviation (Kimoto and Ghil, 1993). The 1st 220 EOFs during the onset of the 2009 SSW were dominated by a wavenumber 2 pattern at high 221 latitudes, which effectively affected the shape of the elongated polar vortex, causing it to 222 split or merge (upper panels in Fig. 6). For the 2010 SSW, the 1<sup>st</sup> EOFs from the same period 223from day -6 to day -3 were characterized by a center of action with a somewhat confined 224structure over North America at high latitudes (lower panels in Fig. 6). In addition, these 225amplitudes were smaller than the corresponding EOFs for the 2009 SSW. Hence, the shape 226of the displaced vortex for each ensemble member will be nearly identical, as shown in Fig. 227

228 **3b**.

#### 3.2 Stability analysis using barotropic model

In the above analyses using the ensemble forecasts during the onset period of the 2009 230 and 2010 SSWs, it has been revealed that the predictability barrier characterized by the 231 rapid spread growth in the upper stratosphere was present for the 2009 SSW while it was 232 absent for the 2010 SSW. Such a predictability barrier would relate to the dynamical 233instability of the ensemble mean field with zonally asymmetric components as shown in M17. 234Hence, following M17, we conducted an eigenvalue analysis of the ensemble mean field at 235 each pressure level based on the linearized non-divergent barotropic vorticity equation on a 236sphere given by Eq. (1). 237

Figure 7 shows the growth rate of the most unstable mode computed for the basic flow 238given by the predicted 5-hPa stream function of the ensemble mean forecast as a function 239 of the initial date of the forecast (the ordinate) and the verification date (the abscissa). This 240 figure clearly shows the existence of the predictability barrier characterized by unstable 241 modes with huge growth rates on days -4 and -3 for the 2009 SSW (Fig. 7a). The barrier 242 exists independent of the forecast period if it is less than 8 days. The growth rate calculated 243based on the 4-day forecast (the slanting blue line) has a maximum value greater than 1.0 244day<sup>-1</sup> on day -4. It is noteworthy that as the forecast period increases beyond 7 days, the 245growth rate generally declines with the increase of the forecast period (M17). This is because 246 the ensemble mean forecast tends to converge to the climatology (Murphy 1988) and lose 247characteristic flow configurations related to SSW as the forecast period increases. 248

Fig. 7

249 Meanwhile, when the forecast period is shorter than 2 days, the dependence of the growth rate on the characteristic flow configuration is well recognized (Fig. 7a), but the 250corresponding time variability of the spread is smaller (Fig. 4a) because the period over 251which the perturbation grows is also shorter. Hence, it is difficult to discuss the relationship 252between the spread and the dynamical stability in such short forecast periods. Then, we 253decided to examine the relationship using 4-day forecasts which clearly preserve the distinct 254time variation in spreads and growth rates associated with the occurrence of the SSW in 2552009 in the following. On the other hand, for the 2010 SSW, growth rates of the most 256unstable mode obtained from the eigenvalue problem using the 4-day ensemble mean 257forecast as the basic state are relatively small, less than 0.5 even on days -4 and -3 (Fig. 2587b). There is also no clear increase in the growth rate just before day 0, indicating that there 259is no enhanced predictability barrier in the upper stratosphere prior to the onset of the 2010 260 SSW. 261

Figure 8 shows the height-time cross-section of the growth rate of the most unstable mode, computed using the 4-day ensemble mean forecast as the basic state in Eq. (1). For the 2009 SSW, the predictability barrier characterized by a large growth rate is confirmed in the upper stratosphere from 5 hPa to 1 hPa on day –4. The maximum amplification rate of the 5-hPa spread during this period is about 15 (Fig. 5a), corresponding to a growth rate of 0.68 day<sup>-1</sup>. This is roughly comparable to the average growth rate of the unstable mode (Fig. 8a). Thus, the spread growth can be explained by the amplification of initial perturbations due to the energetic unstable modes in the upper stratosphere. In contrast, there is no upper stratospheric barrier for the 2010 SSW. Thus, the contrasting predictability characteristics of the two SSWs shown in Fig. 5 are also confirmed by the stability analysis on the ensemble mean field. In the middle and lower stratosphere, growth rates are relatively small for both SSW events. On the other hand, growth rates in the upper troposphere have moderate values and may show peaks, corresponding to the onset of blockings (not shown).

Fig. 9

The horizontal structure of the two most unstable modes during the onset period of the 2752009 SSW is shown in Fig. 9, along with the 5-hPa stream function of the 4-day ensemble 276mean forecast specified as the basic state (upper panel). During this period, the basic state 277278 is characterized by a gradually elongating polar vortex and eventual vortex splitting, with a predominant wavenumber 2 structure at high latitudes. In this period, energetic unstable 279 modes with wavenumber 2 structure localized within the elongated polar vortex of the basic 280 state are found to exist: they are the first mode on day -6, the second mode on day -5, the 281 first mode on day -4, and the second mode on day -3. It should be noticed that the unstable 282 modes in the period from day -7 to day -4 have a similar horizontal structure to the 1st EOF 283(Fig. 6d) of the 4-day forecast starting from day -7. As discussed in Appendix, the 284resemblance indicates that these unstable modes play an important role in the formation of 285the predictability barrier during the onset period of the 2009 SSW. It is also interesting to 286 note that the phase of the most unstable mode (the middle panel of Fig. 9c) is shifted by 287almost a quarter wavelength from that of the basic flow (the top panel of Fig. 9c). When the 288

perturbation satisfies such a phase relationship with the basic flow, the kinetic energy growth
 of the perturbation becomes maximum as shown by Hirota (1967) from an argument based
 on the kinetic energy conversion from the basic flow to the perturbation.

The role of the unstable mode in the ensemble prediction of the 2009 SSW can be well 292 Fig. 10 recognized from Fig. 10, which shows the time evolution of the horizontal structure of the 293most unstable mode on day -4 (middle panel of Fig. 9c) for each quarter of the cycle. Since 294the basic state specified for the eigenvalue problem has zonally asymmetric components, 295 the structure of the obtained mode varies considerably depending on its phase as shown in 296Simmons et al. (1983). The bottom panels show the superposition of the basic state and the 297most unstable mode at each phase shown in the upper panels. The amplitude of the mode 298was specified so that the square root of the variance of the stream function at the initial 299phase (Phase 0 in Fig. 10a) is 7.24% of that of the basic state. The ratio is based on the rms 300 ensemble spread of the 4-day forecast of 5-hPa geopotential height (72.78 m, Fig. 4a) and 301 the square root of the variance of the 5-hPa geopotential height north of 30°N on 20 January 302 for the analysis (1005 m). The composited fields show polar vortex splitting (Figs. 10c and 303 304 10d) and merging (Figs. 10a and 10b) depending on the phase of the unstable mode, which well resembles the characteristic variability of the polar vortices predicted during the onset 305 of the 2009 SSW event shown in Fig. 3a. The relationship between the variability of the 306 horizontal structure of the unstable mode depending on its phase and that of the predicted 307 polar vortices among ensemble members is also discussed in Appendix. This fact also 308

confirms the primarily important role of the unstable modes residing in the upper stratosphere in the ensemble prediction of the 2009 SSW. On the other hand, unstable modes in the upper stratosphere during the onset of the 2010 SSW are considered to play only a secondary role in the ensemble forecast, since they have a relatively smaller horizontal structure embedded in the distorted polar vortex of the basic state (not shown) and a small growth rate (Fig. 8b).

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#### 316 **4. Concluding Remarks**

To compare the predictability of two stratospheric sudden warming (SSW) events 317 occurring in 2009 and 2010, ensemble reforecast experiments were conducted using the 318ensemble prediction system of the Meteorological Research Institute (MRI-EPS) and MRI-319 AGCM. It was found that the predictable period of the vortex-splitting SSW in 2009 was 320 about 7 days, much shorter than that of the vortex-displacement SSW in 2010, which was 321 predictable more than 13 days in advance. The ensemble spread of the geopotential height 322 in the upper stratosphere for medium-range forecasts was found to be enlarged just prior to 323 324 the onset of the 2009 SSW, while no such enlargement was seen for the 2010 SSW. Hence, it is suggested that the predictability barrier inherent to the upper stratospheric circulation 325 limits the predictable period of the 2009 SSW. 326

We then investigated the dynamical basis for such predictability barrier in the upper stratosphere by performing a stability analysis of the stratospheric circulation using the non-

divergent barotropic vorticity equation as in M17. As a result, it was revealed that the upper 329 stratospheric circulation with zonally asymmetric components specified by the ensemble 330 mean forecast was highly unstable to infinitesimal perturbations during the onset of the 2009 331 SSW but did not show such enhanced instability during the 2010 SSW. The contrasting 332 stability property during the onset of the two SSWs was similar to the contrasting behavior 333 of the spread growth observed during the same periods. The most unstable mode during 334the onset of the 2009 SSW had a similar horizontal structure to the ensemble spread as well 335 as the 1<sup>st</sup> EOF and represents the predicted polar vortex variability as the nearly split polar 336 vortex further elongates or contracts. Therefore, the predictability barrier inherent to the 337 upper stratospheric circulation during the onset of the 2009 SSW can be attributed 338 dynamically to the presence of enhanced instability associated with the highly distorted polar 339 vortex. In addition to the tropospheric predictability barrier associated with the maintenance 340 of tropospheric blocking sustaining the upward propagation of planetary waves as shown in 341 Mukougawa et al. (2005), this study reveals the presence of the upper stratospheric 342 predictability barrier limiting the predictable period of SSW. 343

The dynamical link between this unstable mode with extremely large growth rates and the prediction of the 2009 SSW can also be confirmed by the results of Coy and Reynolds (2014). They used a dry mechanistic multilayer model to compute stratospheric singular vectors (SVs) during the onset of the 2009 SSW. The first SV (SV1) for an optimization time of 3 days, initialized on 22 January 2009, shown in Fig. 5b of their paper, has a horizontal structure very similar to the most unstable mode obtained in our study (Fig. 9c). In addition, the SV1 has a large amplitude in the upper stratosphere and shows an amplification rate<sup>1</sup> of about 1.1 day<sup>-1</sup> which is comparable to the maximum growth rate of the unstable mode at 5 hPa (Fig. 8a). These similarities between the most unstable mode and the SV1 also support that the most unstable mode played an important role in the predictability of the 2009 SSW.

The unstable modes for the 2009 SSW in the basic flow dominated by the wavenumber 355 2 component have much larger growth rates than those for the 2010 SSW dominated by the 356 wavenumber 1 component as shown in Fig. 8. This instability characteristic is consistent 357 with the results of Hirota (1967). In addition, the growth rate of the unstable modes for the 3582009 SSW is much larger than that of unstable modes reported by Manney et al. (1991) and 359 Frederiksen (1982): The former paper indicated that the growth rate of the unstable mode 360 for the observed 5-hPa circulation in the Southern Hemisphere during 8-12 September 1982, 361 characterized by amplified wavenumber 2 planetary waves, was at most 0.50 day<sup>-1</sup>. The 362 latter reported that the growth rate of the unstable mode for the stratospheric circulation with 363 a moderately amplified wavenumber 1 component corresponding to 12 days before the 364 onset of the simulated SSW was 0.14 day<sup>-1</sup>. 365

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The enhanced growth rate of the 5-hPa unstable mode on day −4 for the 2009 SSW

<sup>&</sup>lt;sup>1</sup> This is roughly estimated from the maximum value of the initial and final SV1 structures shown in Figs. 5a and 5b of their paper.

could be dynamically attributed to the extremely amplified wavenumber 2 component in the 367 basic flow. In fact, the amplitude of the observed wavenumber 2 component of the 5-hPa 368 geopotential height at 60°N was maximal on day -5 and the elongation of the polar vortex 369 was most pronounced on day -4 as seen in Fig. 9c. Hirota (1967) and Manney et al. (1991) 370 documented that the growth rate of unstable modes increases as the prescribed amplitude 371 of the wavenumber 2 component of the basic flow increases. Hence, the temporal behavior 372 of the growth rate during the onset of the 2009 SSW is roughly consistent with their results. 373 However, the dependence of the growth rate on the amplitude of the wavenumber 2 374component has not yet been clarified dynamically. Hence, the next study should take the 375376 same approach as Hirota (1967), using a basic flow with an idealized horizontal structure to reveal the dynamical basis of the barotropic instability of the elongated polar vortex. 377

Finally, it should be noted that the unstable modes with large growth rates exist for the 378splitting polar vortex in the upper stratosphere (Figs. 7 and 8), whose forecast data is not 379 widely provided in the current frameworks (e.g., hindcast datasets archived in the 380 subseasonal-to-seasonal prediction project of the World Weather Research Programme 381 (WWRP) and the World Climate Research Programme (WCRP) only include variables up 382to the 10-hPa pressure level). Therefore, previous studies for the predictability of SSWs 383 using such low-top datasets would not realize the predictability barrier in the upper 384 stratosphere highlighted in this study. Hence, we would like to emphasize the importance of 385analyzing the upper stratospheric circulation in order to clarify the dependence of SSW 386

predictability on the shape of the polar vortex. It is also hoped that more upper stratospheric datasets will be archived and provided by many operational/modeling centers to further investigate the role of unstable modes in the evolution of SSW. When analyzing climate model simulations to infer the causes of poorly represented stratospheric polar vortex variability (e.g., Hall et al. 2021), attention should be paid to the upper stratospheric circulation.

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Data Availability Statement
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The **ERA-Interim** available from the ECMWF website: 395data is (https://www.ecmwf.int/en/forecasts/datasets/reanalysis-datasets/era-interim). The dataset 396 of the ensemble forecast analyzed in this study is available from the corresponding author 397 on reasonable request. 398

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410

### Appendix

#### 411

# Unstable mode, Spread, and 1<sup>st</sup> EOF

Fig. A1

We discuss the relationship between the most unstable mode, ensemble spread, and 1<sup>st</sup> 412 EOF during the onset period of the 2009 SSW. Let's consider the time evolution of the 413 trajectory associated with each ensemble member during a period from the initial time  $t_i$  to 414the verification time  $t_v$  in phase space. We assume that the most unstable mode for the basic 415state specified by the predicted ensemble mean forecast is the same during the period, of 416which assumption is approximately valid from day  $-7(t_i)$  to day  $-4(t_v)$  as confirmed in Fig. 417 9. If the time evolution is exclusively determined by the most unstable mode in the framework 418of the linear dynamics and initial perturbations of ensemble forecasts are randomly chosen 419with the same projected magnitude onto the eigenfunction  $\phi(\lambda,\mu)$  of the most unstable 420 mode (Eq. (2); Mukougawa 1988), then the square root of the variance associated with the 421 422ensemble spread of the stream function at  $t=t_i$  would be

$$g(\lambda,\mu) = \sqrt{\frac{1}{2\pi} \int_0^{2\pi} \operatorname{Re}\{\phi(\lambda,\mu)\exp(i\alpha)\}^2 d\alpha}.$$
 (A1)

Here,  $\alpha$  is the phase of the most unstable mode. Note that the square root of the variance at *t* is also given by  $g(\lambda, \mu)$  if we ignore the temporal amplification with  $\exp\{(t - t_i)\alpha_r\}$ , where  $\alpha_r$  is the growth rate. This is because  $\alpha$  will only increase by a certain constant 426  $(t - t_i)\alpha_i$ , where  $\alpha_i$  is the imaginary part of the eigenvalue, but the integral range for  $\alpha$  is 427 independent of *t* in Eq. (A1).

428	Now, Fig. A1a shows the horizontal distribution of $g(\lambda, \mu)$ for the most unstable mode
429	on day -4 (Fig. 9c). The magnitude of $g(\lambda, \mu)$ attains its peak at four longitudes along 60°N:
430	around 80°E; 120°E; 120°W; 40°W. On the other hand, Fig. A1b indicates the square root
431	of the ensemble spread of the predicted stream function on day $-4$ , computed using the 4-
432	day ensemble forecast starting from day −7. These two patterns are very similar to each
433	other in the sense that there are four local maxima along 60°N at approximately the same
434	longitude. Of course, as shown in Fig. A1c, the square root of the variance associated with
435	the 1 <sup>st</sup> EOF, which has the largest percentage of variance (57.9%; Fig. 6c), well resembles
436	the latter. Thus, we can confirm the resemblance of the variance associated with the most
437	unstable mode, spread, and the 1 <sup>st</sup> EOF, strongly supporting the validity of the assumption
438	that linear dynamics specified only by the most unstable mode with a large growth rate (Fig.
439	9c) dominate the time evolution of each ensemble member during the onset period of the
440	2009 SSW. Hence, it can be recognized that the variability of the horizontal structure of the
441	unstable mode depending on its phase shown in Fig. 10 is closely related to the predicted
442	variability of the polar vortex among the ensemble members (Fig. 3a).

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List of Figures 528 529Fig. 1 (a) Time evolution of the zonal-mean zonal wind averaged poleward of 60°N at 10 530hPa (m s<sup>-1</sup>) during the winter seasons of 2009 (red line) and 2010 (blue line) for the 531analysis (ERA-Interim). (b) Horizontal distribution of 10-hPa geopotential height (m) on 53224 January 2009 for the analysis. Contour interval is 200 m. (c) As in (b), except for 24 533January 2010. 534535Spatial anomaly correlation coefficient (ACC) for the predicted 10-hPa geopotential 536Fig. 2 537 height on day 0 (24 January) for ensemble forecasts starting from 9 (day -15) to 19 (day -5) January (the ordinate). The spatial ACC is evaluated poleward of 40°N. The 538 whiskers indicate the full range of ACCs for 25 ensemble members, and the boxes show 539the range between the 6<sup>th</sup> value from the largest (24%) and the 7<sup>th</sup> value from the 540smallest (76%) ACCs. Short horizontal red lines indicate ACCs for the ensemble mean 541 forecasts. 542543Fig. 3 Limited contour analysis of polar vortex, showing contours at a prescribed 5-hPa 544height of 34500 m on 21 January 2009 (a) and 33600 m on 20 January 2010 (b). Thick 545 red curves show the analysis (ERA-Interim). The corresponding 4-day ensemble 546

547 forecasts are shown by thin black curves.

549	Fig. 4 Time evolution of the rms ensemble spread (m) during the 10-day forecast based
550	on the 5-hPa geopotential height field north of 30°N. See text for the detailed definition
551	of the rms ensemble spread. (a) January 2009, (b) January 2010. Green, red, and blue
552	solid circles indicate 2-day, 4-day, and 7-day forecasts, respectively.
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554	Fig. 5 (a) Amplification rate of the rms ensemble spread during the 4-day forecast at
555	each pressure level (the ordinate) for each verification date (the abscissa) in January
556	2009. Spreads were evaluated based on geopotential height fields north of 30°N.
557	Regions with an amplification rate larger than 12.0 are shaded red. The red vertical line
558	denotes day 0 (24 January), and the blue horizontal line represents 5 hPa. (b) As in (a),
559	except for January 2010.
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561	Fig. 6 The 1 <sup>st</sup> EOFs of the difference field of each ensemble member from the ensemble
562	mean prediction of the 5-hPa geopotential height north of 30°N (m) during the onset of
563	the 2009 SSW (top panels) and 2010 SSW (bottom panels) on day −6 (a, e), day −5 (b,
564	f), day –4 (c, g), and day –3 (d, h), computed using 4-day forecasts. Contours are scaled
565	to represent anomalies in meters when the PC is equal to one standard deviation;
566	contour interval is 20 m. Percentage variances associated with the 1 <sup>st</sup> EOFs are shown
567	in the upper right of each panel.

569	Fig. 7 (a) Growth rate (day <sup>-1</sup> ) of the most unstable mode computed for the basic flow
570	consisting of the T21 truncated 5-hPa stream function of the ensemble mean field on
571	each prediction date (the abscissa) of the forecast starting from 6 to 28 January (the
572	ordinate). The radius of the filled circle is proportional to the growth rate, and its color
573	also indicates the range of the growth rate as shown in the legend. The red vertical line
574	represents day 0 (24 January), and the blue slanting line indicates 4-day forecasts. (b)
575	As in (a), except for January 2010.
576	
577	Fig. 8 As in Fig. 5, except for the growth rate $(day^{-1})$ of the most unstable mode
578	computed for the basic flow consisting of the T21 truncated stream function at each
579	pressure level (the ordinate) of the 4-day ensemble mean forecast. Contour interval is
580	0.1 day <sup>-1</sup> , and regions where the growth rate is larger than 0.6 (1.0) day <sup>-1</sup> are lightly
581	(heavily) shaded in red. (b) As in (a), except for January 2010.
582	
583	Fig. 9 (top) Horizontal structure of the basic flow given by the T21 truncated 5-hPa
584	stream function field (10 <sup>7</sup> m <sup>2</sup> s <sup>-1</sup> ) of the ensemble mean prediction on day $-6$ (a), day $-5$
585	(b), day $-4$ (c), and day $-3$ (d) for the 4-day forecasts during January 2009. (middle and
586	bottom) Stream function fields for the first and second unstable modes computed for the
587	basic flow. The first and second numbers in parentheses at the top of each panel

588	indicate the growth rate (day <sup>-1</sup> ) and the period (day) of the unstable mode, respectively.
589	Stationary modes with zero imaginary component of eigenvalues are designated by the
590	period of infinity ( $\infty$ ).

592	Fig. 10 (top) The stream function field of the most unstable mode (middle panel of Fig.
593	9c) on day −4 at each 1/4 phase of period $2\pi$ : (a) phase 0 (initial), (b) phase $\pi/2$ , (c)
594	phase $\pi$ , (d) phase $3\pi/2$ . (bottom) As in top panels, except for the composited stream
595	function field (10 <sup>7</sup> m <sup>2</sup> s <sup>-1</sup> ) of the basic flow (top panel of Fig. 9c) and the most unstable
596	mode at each 1/4 phase with amplitude $\alpha.$ The amplitude $\alpha$ is specified so that the
597	square root of the variance of the stream function of the unstable mode at the initial
598	phase (a) is 7.24% of that of the basic flow. The variance is evaluated in the region north
599	of 30°N.

600

Fig. A1 (a) Horizontal distribution for the square root of the variance of the stream function associated with the phase variation of the most unstable mode on day -4 (middle panel of Fig. 9c). (b) As in (a), except for the square root of ensemble spread of the predicted stream function on day -4, computed using the 4-day ensemble forecast starting from day -7. (c) As in (b), except for the absolute value of the regressed stream function anomaly onto PC1 of the ensemble spread on day -4. PC1 is the corresponding principal component score to the 1<sup>st</sup> EOF shown in Fig. 6c. Contour interval is  $2 \times 10^6$   $m^2 s^{-1}$  in (b) and (c). The magnitude in (a) is arbitrary.



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Fig. 2 Spatial anomaly correlation coefficient (ACC) for the predicted 10-hPa geopotential
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an amplification rate larger than 12.0 are shaded red. The red vertical line denotes day 0
(24 January), and the blue horizontal line represents 5 hPa. (b) As in (a), except for
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Fig. 6 The 1<sup>st</sup> EOFs of the difference field of each ensemble member from the ensemble
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(top) Horizontal structure of the basic flow given by the T21 truncated 5-hPa stream 671 Fig. 9 function field  $(10^7 \text{ m}^2 \text{ s}^{-1})$  of the ensemble mean prediction on day -6 (a), day -5 (b), day 672 -4 (c), and day -3 (d) for the 4-day forecasts during January 2009. (middle and bottom) 673 Stream function fields for the first and second unstable modes computed for the basic flow. 674The first and second numbers in parentheses at the top of each panel indicate the growth 675 rate (day<sup>-1</sup>) and the period (day) of the unstable mode, respectively. Stationary modes 676 with zero imaginary component of eigenvalues are designated by the period of infinity ( $\infty$ ). 677 678



Fig. 10 (top) The stream function field of the most unstable mode (middle panel of Fig. 9c) on day -4 at each 1/4 phase of period  $2\pi$ : (a) phase 0 (initial), (b) phase  $\pi/2$ , (c) phase  $\pi$ , (d) phase  $3\pi/2$ . (bottom) As in top panels, except for the composited stream function field  $(10^7 \text{ m}^2 \text{ s}^{-1})$  of the basic flow (top panel of Fig. 9c) and the most unstable mode at each 1/4 phase with amplitude  $\alpha$ . The amplitude  $\alpha$  is specified so that the square root of the variance of the stream function of the unstable mode at the initial phase (a) is 7.24% of that of the basic flow. The variance is evaluated in the region north of 30°N.



(a) Horizontal distribution for the square root of the variance of the stream function 690 Fig. A1 associated with the phase variation of the most unstable mode on day -4 (middle panel 691 of Fig. 9c). (b) As in (a), except for the square root of ensemble spread of the predicted 692stream function on day -4, computed using the 4-day ensemble forecast starting from day 693 -7. (c) As in (b), except for the absolute value of the regressed stream function anomaly 694 onto PC1 of the ensemble spread on day -4. PC1 is the corresponding principal 695 component score to the 1<sup>st</sup> EOF shown in Fig. 6c. Contour interval is  $2 \times 10^6$  m<sup>2</sup> s<sup>-1</sup> in (b) 696 and (c). The magnitude in (a) is arbitrary. 697